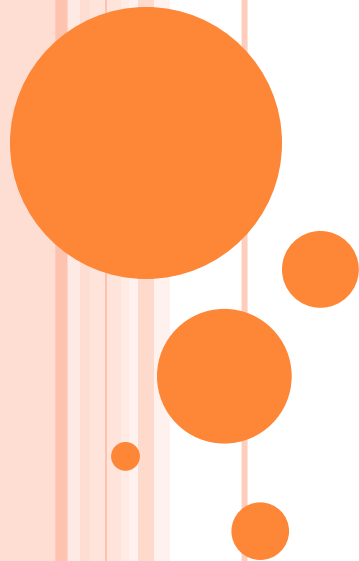


# RESPIRATION: EXHALING CARBON DIOXIDE



Photosynthesis and Respiration

# PROBLEM

- Is there a relationship between exercise and the amount of carbon dioxide you exhale?



# PROCEDURE: PART 1

1. Label one beaker “Beaker 1” and the other as “Beaker 2.” Beaker 1 will be the control in the experiment.
2. Bromthymol blue can be used to test for the presence of carbon dioxide. To see how this works fill each beaker with 15ml of bromthymol solution. **Caution:** **Bromthymol blue solution can stain skin and clothing. Avoid spilling or splashing it on yourself.**
3. Note and record the color of the solution in both beakers. **SEE DATA TABLE 1**
4. Place a straw in Beaker 2. Gently blow through the straw into the solution until the solution changes colors. **Caution: Use the straw to breathe out only. Do not suck the solution back through the straw.**
5. Your partner should begin timing when you first blow through the straw and stop as soon as the solution changes color. Record the time that has elapsed.



# DATA: PART 1

| Activity Level    | Time to Color Change<br>(seconds) |
|-------------------|-----------------------------------|
| Resting           |                                   |
| 2 min of exercise |                                   |



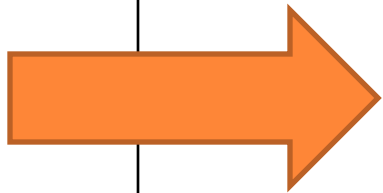
# PROCEDURE: PART 2

1. In part 1 you timed the change in color without exercising first. Predict how long it will take the solution to change color if you conduct the test after you exercise. Prediction\_\_\_\_\_
2. Do some type of physical activity (jumping jacks, run in place or push ups) for 2 minutes without stopping.
3. Place the same straw in Beaker 1. Gently blow through the straw into the solution until the solution changes color. Your partner should begin timing when you first through the straw and stop as soon as the solution changes color.



# DATA: PART 1

| Activity Level    | Time to Color Change<br>(seconds) |
|-------------------|-----------------------------------|
| Resting           |                                   |
| 2 min of exercise |                                   |



# ANALYZE AND CONCLUDE

- Measuring: How long did it take for the solution to change color the first time you did the test (without exercise)?
- Drawing Conclusions: How did exercising affect the amount of time it took for the solution to change color?
- Predicting: What was your prediction in step 5 based upon? Was your prediction accurate?
- Communicating: Write a paragraph that relates the results of your experiment to the process of cellular respiration. Why CO<sub>2</sub> produced at greater levels during exercise than when resting?
- **Write the paragraph on the back of this page:** Some plants grow in water: If you added bromthymol blue to the water, do you think it would turn color?



# KEY CONCEPTS

- When people breathe out carbon dioxide, they are removing the waste product made in the cell by respiration.
- Cellular respiration is the process by which the chemical energy of "food" molecules is released and partially captured in the form of ATP.
- All organisms and their cells go through respiration.
- The reactants or ingredients for cellular respiration are glucose (sugar) and oxygen (O<sub>2</sub>).
- Respiration happens within cells in the mitochondria and cytoplasm.





# KEY CONCEPTS

- **Respiration** is constantly happening because all organisms need chemical **energy** to perform daily activities.
- In the first phase of respiration, **glucose**, the food source, is **broken down** in the **cytoplasm** through chemical reactions.
- The broken down sugar molecule enters the **mitochondria** where it is further broken down in more chemical reactions with **oxygen** gas.
- **ATP**, the **energy** molecule of all living organisms, is produced after the series of chemical reactions.



# KEY CONCEPTS

- The products of respiration that leave the cell as waste are carbon dioxide and water.
- The more energy an organism uses, the more energy and waste products an organism produces to continue high activity events.

## Cell Respiration Formula



Glucose

Oxygen

Carbon

Water

Energy

Dioxide

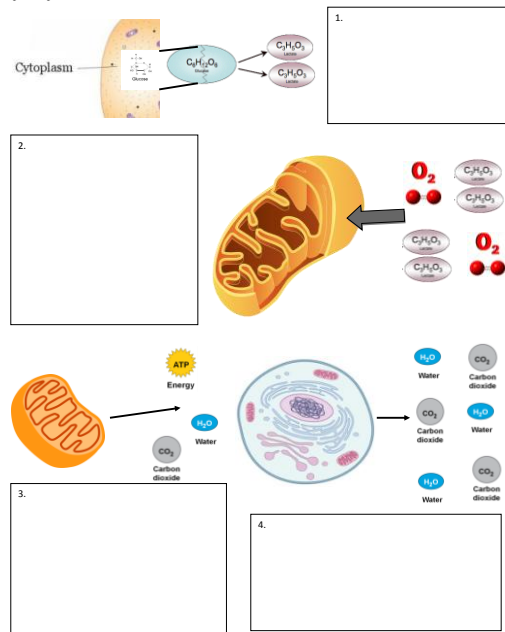


# PROCESSING

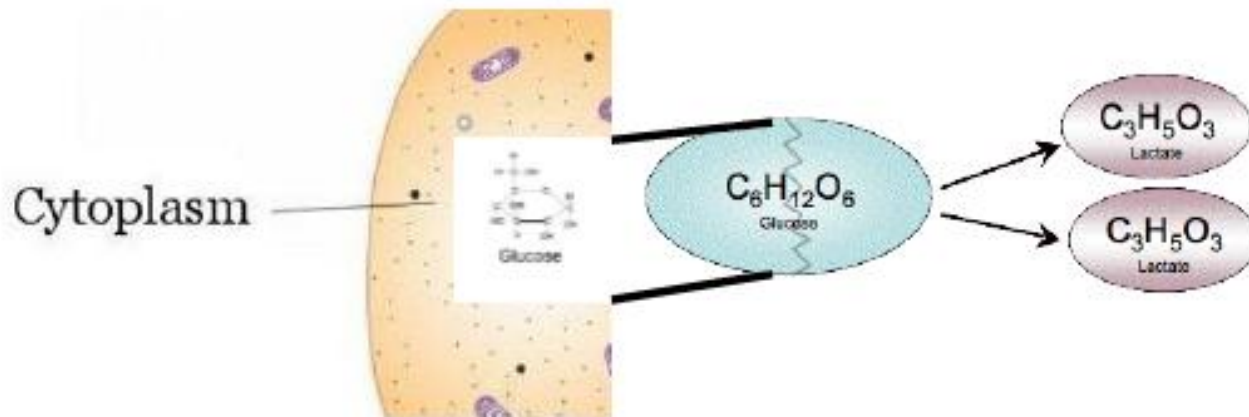
- Explain what is happening in each step of respiration in the pictures below. Use the key concepts to help you label each step of respiration.

*Exhaling Carbon Dioxide: Processing*

Explain what is happening in each step of respiration in the pictures below. Use the key concepts to help you label each step of respiration.



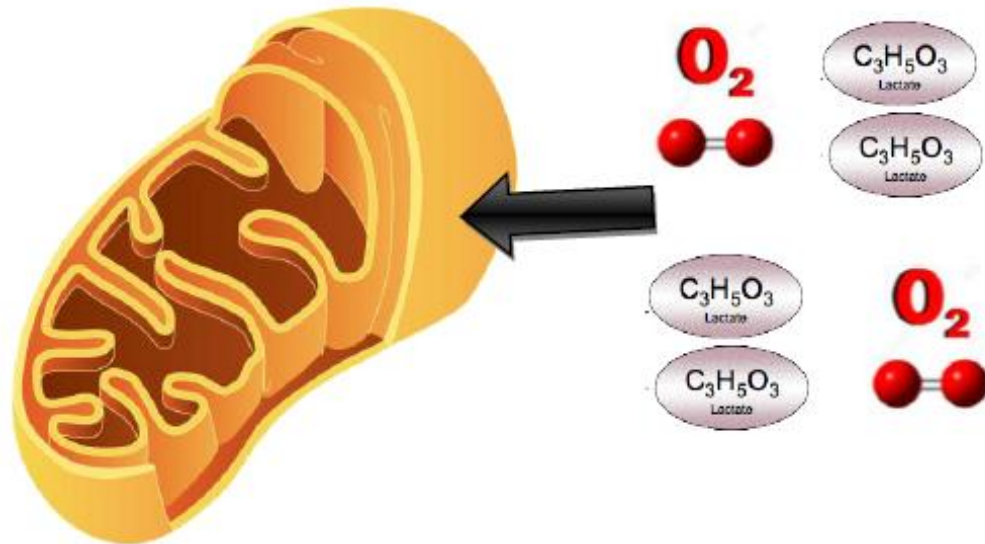
# PROCESSING



- In the first phase of respiration, **glucose**, the food source, is **broken down** in the **cytoplasm** through chemical reactions.



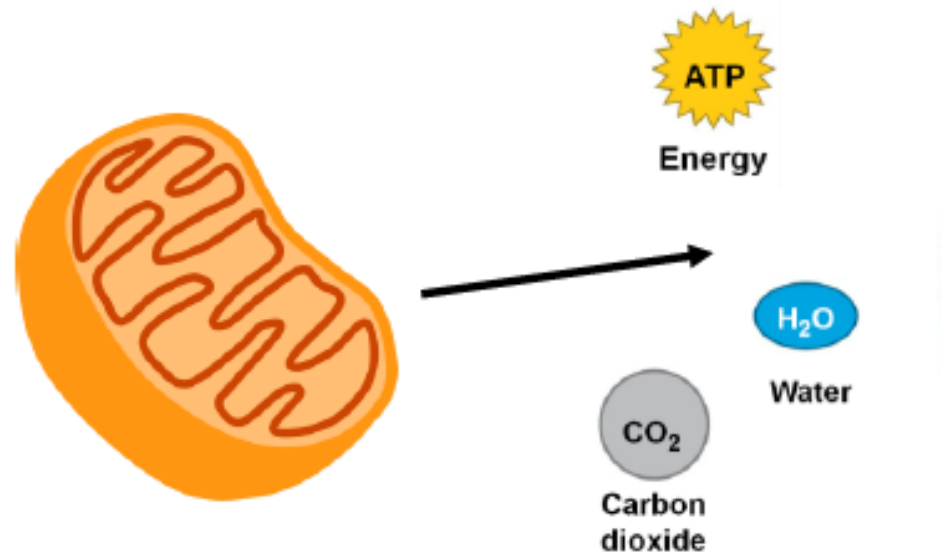
# PROCESSING



- The broken down sugar molecule enters the mitochondria where it is further broken down in more chemical reactions with oxygen gas.



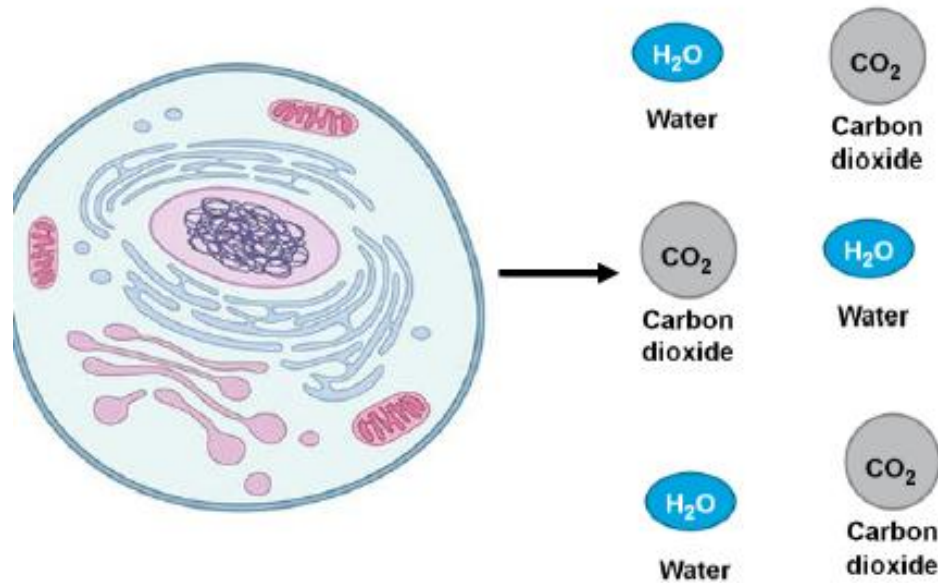
# PROCESSING



- ATP, the energy molecule of all living organisms, is produced after the series of chemical reactions.



# PROCESSING



- The products of respiration that leave the cell as waste are carbon dioxide and water.

